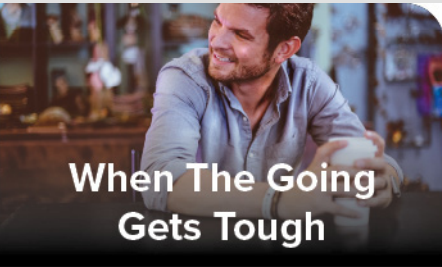


DECEMBER 29-31


WEEKLY CALENDAR

Sunday



When The Going Gets Tough

Did you pay attention to the easy and enjoyable things today?



29

Monday



Joy Inside The Pain

How do you honor those who aren't here for the holiday?



30

Tuesday



Get Into The Holiday Spirit

How could you use the holiday spirit to be more present?



31